

WOODLAND TREASURES FOR SHADY GARDENS

Tony Reznicek Nov. 8, 2017

- 1-2 "Woodland" means Deciduous or Mixed Forests
- 3-5 The Great Eastern Deciduous Forest of North America
- 6 Deciduous forests are also in Europe
- 7-10 But the great wealth of plants is in temperate eastern Asia especially China
- 11 *Erythronium americanum* White Trout Lily
- 12 "Backbone" Plants *Trillium grandiflorum* White Trillium
- 13 *Geranium maculatum* Wood Geranium on a Bank
- 14 *Erythronium americanum* Yellow Trout Lily *Claytonia virginica* Spring Beauty & *Erythronium albidum* White Trout Lily
- 15 *Erythronium americanum* Yellow Trout Lily
- 16 *Dicentra canadensis* Squirrel Corn *Dicentra cucullaria* Dutchman's Breeches
- 17 *Uvularia grandiflora* Bellwort *Sanguinaria canadensis* Bloodroot
- 18 Double Bloodroot
- 19 *Jeffersonia diphylla* American Twinleaf
- 20 *Caulophyllum thalictroides* *C. giganteum* Blue Cohosh
- 21 *Mertensia virginica* Virginia Bluebells
- 22 *Phlox divaricata* Wood Phlox *Stylophorum diphyllum* Wood Poppy
- 23 *Thalictrum (Anemonella) thalictroides* Rue Anemone forms
- 24 *Enemion (Isopyrum) biternatum* False Rue Anemone
- 25 *Anemone quinquefolia* Wood Anemone
- 26 *Actaea rubra* (Red Baneberry) Forms for Flower & Fruit
- 27 *Arisaema triphyllum* Jack-in-the-pulpit *Arisaema dracontium* Green Dragon
- 28 *Iris cristata* Creeping Iris
- 29 The best double *Trillium* – named 'Pamela Copeland'
- 30 *Trillium discolor* *T. viridescens*
- 31 *Trillium recurvatum* (yellow) Prairie Trillium *Trillium nivale* snow trillium
- 32 *Trillium erectum* × *T. flexipes* hybrids raised from Seed
- 33 *Polygonatum biflorum* Solomon's Seal *Trillium recurvatum* Prairie Trillium
- 34 *Phlox stolonifera* Creeping Phlox
- 35 *Hydrastis canadensis* Golden Seal *Disporum maculatum* Spotted Mandarin
- 36 *Asarum speciosum* Harper's Ginger
- 37 *Spigelia marilandica* Indian Pink
- 38-39 *Pachysandra procumbens* Allegheny-spurge
- 40 *Vancouveria hexandra* "Redwood Ivy"
- 41 *Symplocarpus foetidus* Skunk Cabbage (yellow form) *Caltha palustris* Marsh Marigold
- 42 *Gentiana andrewsii* (white form) Bottle Gentian *Dodecatheon meadia* Shooting Star
- 43 *Lilium michiganense* Michigan Lily *Aquilegia canadensis* Wild Columbine
- 44 *Collinsonia canadensis* Stoneroot *Solidago caesia* Blue-stemmed Goldenrod *Solidago flexicaulis* Zig-zag Goldenrod
- 45 Ferns: *Osmunda cinnamomea* cinnamon fern *Dryopteris goldiana* Goldie's fern
- 46 *Podophyllum peltatum* mayapple *Hydrophyllum canadense* Canada Waterleaf
- 47 Forest Sedges & Grasses
- 48 *Carex eburnea*, *C. platyphylla*, *C. plantaginea*, & *Elymus hystris (Hystris patula)* Bottlebrush Grass
- 49 *Chasmanthium latifolium* Northern Sea-oats
- 50 *Cypripedium parviflorum* Yellow Ladyslipper various color & size forms
- 51 *Arisarum probiscoideum* Mouse Arum
- 52 *Cardamine quinquefolia* Cress
- 53 *Anemone nemorosa* European Wood Anemone *A. ranunculoides* Buttercup Anemone *A. ×lipsiensis* (hybrid)
- 54 *Anemone ranunculoides* forming a carpet
- 55 *Anemone nemorosa* European Wood Anemone forms
- 56 *Oxalis acetosella* European Wood Sorrel
- 57 *Lathyrus vernus* Spring Vetchling
- 58 *Cardamine pentaphyllos* (another European Cress) *Cyclamen purpurascens* Hardy Cyclamen
- 59 *Corydalis solida*
- 60 *Corydalis solida* forms
- 61 My best orange-red seedling of *Corydalis solida*
- 62 *Allium ursinum* European Ramsons
- 63 *Epimedium ×rubrum*
- 64 Hellebores *Helleborus ×hybridus*
- 65-66 *Helleborus niger* 'Potter's Wheel' Christmas Rose
- 67 New colors in Hellebores
- 68 *Glaucidium palmatum* is a classic Japanese woodland species
- 69-70 *Adonis 'Fukujukai'*
- 71 *Hepatica nobilis* and *H. acutiloba* forms
- 72 Woodland Primulas from Asia: *Primula sieboldii* & *P. kisoana* forms
- 73 *Helleborus thibetanus*
- 74 *Paeonia japonica*
- 75 *Corydalis buschii*, *C. ornata*, & *C. turtschaninovii*
- 76 *Corydalis nobilis*
- 77 *Epimedium brachyrhizum* & *E. grandiflorum* forms
- 78 *Epimedium cf flavum* in Western China
- 79 *Chloranthus japonicus*
- 80 *Chloranthus sessilifolius*
- 81 *Jeffersonia dubia* (Asiatic Twinleaf)
- 82 *Podophyllum hexandrum* Himalayan Mayapple forms
- 83 *Podophyllum versipelle* & *P. pleianthum*
- 84 *Podophyllum delavayi*
- 85 *Saruma henryi*
- 86 *Rodgersia aesculifolia* & *R. pinnata*
- 87 *Rodgersia aesculifolia* in its habitat in China
- 88 *Calanthe tricarinata*
- 89 *Paris polyphylla*
- 90 *Arisaema ciliatum* & *A. heterophyllum*
- 91 *Arisaema sikokianum* & *A. candidissimum*
- 92-93 *Arisaema consanguineum*
- 94 *Salvia nipponica* (Japanese Sage) *Eomecon chionantha* (Chinese Snow Poppy)
- 95 *Kirengeshoma plamata*, *Isodon longitubus*
- 96 *Tricyrtis hirta* 'Alba', *Tricyrtis latifolia* Toad Lilies
- 97-98 *Cardiocrinum giganteum* var. *yunnanense* "Giant Lily"
- 99 *Ichtyoselmis (Dicentra) macrantha*
- 100- 101 *Begonia grandis* Hardy Begonia
- 102 *Adiantum venustum* (Himalayan Maidenhair Fern) in the wild
- 103 Experimenting with Diversity Constructing an Isolated Raised Bed in the shade
- 104 *Shortia uniflora*, *Shortia galacifolia* Oconee Bells
- 105 *Shortia ×intertexta* 'Leona'
- 106 *Shortia soldanelloides* forms
- 107 *Cypripedium 'Michael'* *Cypripedium 'Phillip'*
- 109 *Cypripedium* × 'Gisela' in the Garden
- 109 *Calanthe* orchids beside the garage
- 110 *Cypripedium japonicum*
- 111 Thank you

Some additional notes and information:

A few plants to avoid accepting from well-meaning friends:

- Goutweed (*Aegopodium podagraria*) – a terrible pest
- Common Periwinkle (*Vinca minor*) – OK in specialized confined settings or if you use small cultivars
- English Ivy (*Hedera helix*) – OK in some specialized confined settings
- Japanese Spurge (*Pachysandra terminalis*) – Too dense for most plants to grow through, use only in small, confinable spaces
- Sweet Woodruff (*Galium odoratum*) – except in spaces where it can be confined
- Most Buttercup (*Ranunculus*) species, especially *R. ficaria*, and *R. repens*. These can be ferocious weeds
- Yellow Archangel (*Lamium galeobdolon*) – lovely, but a very fast spreader, and seeds too
- Creeping Lilyturf (*Lilium spicata*) – forms an impenetrable dense mat
- Running Bamboos – no exceptions here!!!

If you really want areas with uniform groundcovers in shade, these will do on a small scale:

Deciduous:

- Redwood Ivy (*Vancouveria hexandra*) – a rapid spreader about 6 inches tall
- European Wood Sorrel (*Oxalis acetosella*) – rapid spreader, but very delicate
- Japanese Painted Fern (*Athyrium niponicum* 'Pictum') – fairly tall, but slowly forms a dense cover
- Small Hostas

Evergreen (or nearly so):

- Himalayan Maidenhair Fern (*Adiantum venustum*) – very nice but slow; will form a dense mat with time
- Allegheny-spurge (*Pachysandra procumbens*) – suitable only for small areas; very slow
- Creeping Phlox (*Phlox stolonifera*) – a fast spreading low cover, only the flowers are erect
- Cranesbill (*Geranium macrorrhizum*) – too dense for bulbs, but slow and tolerant of very dry sites

A good reference book to start with:

W. George Schmid. 2002. *An Encyclopedia of Shade Perennials*. Hardcover, 494 pages, 8-1/2" x 11", 500 color photos, 1 b&w photo, 1 map. Timber Press, ISBN 0-88192-549-7 [check <http://www.bookfinder.com/> for discounted or used copies]

A local source to start with:

Arrowhead Alpines

1310 North Gregory Road
Fowlerville Michigan, 48836,
<http://www.arrowhead-alpines.com/>

Plant Delights Nursery

9241 Sauls Road
Raleigh, NC 27603
<http://www.plantdelights.com/>

Some mail order places:

Quackin' Grass Nursery

16 Laurel Hill Road
Brooklyn, CT 06234
<http://www.quackinggrassnursery.com/>

The vastly best selection:

Far Reaches Farm

1818 Hastings Ave.
Port Townsend, WA 98368
<http://www.farreachesfarm.com/>

Shady Glen Nursery

10 Kendall Lane
Freeport, Maine 04032
<https://www.shadyglennursery.com/>