



# Best Plants for Butterflies



American Beauties Native Plants

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Plant Name	Plant Type	Nectar Source	Host Plant	Bloom Time	Exposure
Carex appalachica - Appalachian Sedge	Grass	Yes	No	March-April	Partial Shade
Carex laxiculmus Bunny Blue™ ('Hobb')	Grass	Yes	No	March-April	Full to Partial Shade
Carex pennsylvanica - Pennsylvania Sedge	Grass	Yes	No	March-April	Full Sun/Full Shade
Carex stricta - Tussock Sedge	Grass	Yes	No	May - June	Full Sun/Partial Shade
Schizachyrium 'Standing Ovation' - Little Blue Stem	Grass	Yes	No	August-September	Full Sun/Partial Sun
Schizachyrium 'The Blues' - Little Blue Stem	Grass	Yes	No	August-September	Full Sun/Partial Sun
Asclepias incarnata - Swamp Milkweed	Perennial	Yes	Yes	July-August	Full Sun/Partial Sun
Asclepias incarnata 'Ice Ballet' – Swamp Milkweed	Perennial	Yes	Yes	July-August	Full Sun/Partial Sun
Asclepias tuberosa - Butterfly Milkweed	Perennial	Yes	Yes	June-July	Full Sun/Partial Sun
Aster divaricata - Woodland Aster	Perennial	Yes	Yes	September-October	Full Sun/Partial Shade
Aster laevis 'Bluebird' - Smooth Aster	Perennial	Yes	Yes	August-September	Full Sun/Partial Shade
Aster 'Alma Potchke' - New England Aster	Perennial	Yes	Yes	August-September	Full Sun/Partial Shade
Baptisia australis - Blue False Indigo	Perennial	Yes	Yes	May	Full Sun/Partial Shade
Chelone - Turtlehead	Perennial	Yes	Yes	August - September	Full Sun/Partial Shade
Coreopsis 'Sunshine Superman' - Star Tickseed	Perennial	Yes	No	June-July	Full Sun
Coreopsis verticillata - Threadleaf Tickseed	Perennial	Yes	No	June-July	Full Sun
Echinacea purpurea - Coneflower	Perennial	Yes	Yes	June - August	Full Sun/Partial Sun
Echinacea purpurea 'Happy Star'- Coneflower	Perennial	Yes	Yes	July-October	Full Sun/Partial Sun
Echinacea purpurea 'Ruby Star'- Coneflower	Perennial	Yes	Yes	July-October	Full Sun/Partial Sun
Echinacea pur. 'Prairie Splendor'- Coneflower	Perennial	Yes	Yes	July-October	Full Sun/Partial Sun
Eupatorium coelestinum - Joe Pye Weed	Perennial	Yes	No	August-September	Full Sun/Part Shade
Eupatorium 'Little Joe' - Dwarf Joe Pye Weed	Perennial	Yes	No	July - September	Full Sun/Part Shade
Geranium maculata - Wild Geranium	Perennial	Yes	No	April - May	Full Sun/Part Shade
Geranium maculata 'Espresso' - Cranesbill	Perennial	Yes	No	May - June	Full Sun/Part Shade
Helenium 'Tiny Dancer' - Sneezeweed	Perennial	Yes	No	August - September	Full Sun
Heliopsis heli. 'Summer Nights' - Oxeye Daisy	Perennial	Yes	No	June - August	Full Sun
Iris cristata - Dwarf Crested Iris	Perennial	Yes	No	May-June	Full to Partial Shade
Iris cristata 'Alba' - White Dwarf Crested Iris	Perennial	Yes	No	May-June	Full to Partial Shade
Iris versicolor - Northern Blueflag	Perennial	Yes	No	May-June	Full Sun/Full Shade
Lobelia cardinalis - Cardinal Flower	Perennial	Yes	No	July - September	Full Sun/Part Shade
Lobelia 'Fried Green Tomatoes'-Cardinal Flower	Perennial	Yes	No	July - September	Full Sun/Part Shade
Lobelia siphilitica - Great Blue Lobelia	Perennial	Yes	No	June-July	Full Sun/Part Shade
Lupinus perennis - Sundial Wild Lupine	Perennial	Yes	No	May-July	Sun
Monarda 'Blue Stocking' - Bee Balm	Perennial	Yes	No	May-July	Full Sun/Partial Sun
Monarda didyma 'Jacob Cline' - Bee Balm	Perennial	Yes	No	May-July	Full Sun/Partial Sun
Monarda first. 'Claire Grace' - Bee Balm	Perennial	Yes	No	May-July	Full Sun/Partial Sun
Penstemon 'Husker Red' - Beardtongue	Perennial	Yes	No	May-July	Full Sun/Partial Sun
Phlox div. 'Blue Moon' - Woodland Phlox	Perennial	Yes	No	April - May	Full to Partial Shade
Phlox 'Parkville Beach' - Woodland Phlox	Perennial	Yes	No	April - May	Full to Partial Shade
Phlox pani. 'Eva Cullum'- Garden Phlox	Perennial	Yes	No	July - September	Full Sun/Part Shade
Phlox pani. 'Blue Paradise'- Garden Phlox	Perennial	Yes	No	July - September	Full Sun/Part Shade

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Phlox paniculata 'Jeana' - Garden Phlox	Perennial	Yes	No	July - September	Full Sun/Part Shade
Pycnanthemum muticum - Mountain Mint	Perennial	Yes	No	July - September	Full Sun/Part Shade
Rudbeckia var. fulgida - Black Eyed Susan	Perennial	Yes	No	July - September	Full Sun/Partial Sun
Rudbeckia triloba - Three-lobed Coneflower	Perennial	Yes	No	July - September	Full Sun/Partial Sun
Rudbeckia 'Prairie Glow' - Three-lobed Coneflower	Perennial	Yes	No	July - September	Full Sun/Partial Sun
Silene c. 'Short and Sweet' - Wild Pinks	Perennial	Yes	No	May - July	Full Sun/Partial Shade
Solidago 'Fireworks' - Goldenrod	Perennial	Yes	No	August - October	Full Sun
Vernonia 'Iron Butterfly' - Ironweed	Perennial	Yes	No	August - September	Full Sun
Viola pedata - Birdfoot Violet	Perennial	Yes	No	April - June	Full Sun/Part Sun
viola labradorica - Labrador Violet	Perennial	Yes	No	April - June	Part Sun to Part Shade
Viola walteri 'Silver Gems' - Prostrate Blue Violets	Perennial	Yes	No	April - September	Full to Partial Shade

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Azalea periclymenoides - Pinxterbloom Azalea	Shrub	Yes	Yes	April-May	Full Sun/Partial Sun
Azalea vaseyi - Pink-Shell Azalea	Shrub	Yes	Yes	April	Full Sun/Partial Sun
Azalea viscosum - Swamp Azalea	Shrub	Yes	Yes	June-July	Full Sun/Partial Sun
Cephalanthus occidentalis - Buttonbush	Shrub	Yes	No	June	Full Sun/Partial Shade
Cornus alternifolia - Pagoda Dogwood	Shrub	Yes	Yes	April - June	Full Shade/Partial Shade
Cornus ser. 'Cardinal' - Red-Osier Dogwood	Shrub	Yes	Yes	June - August	Full Sun/Partial Shade
Lindera benzoin - Spicebush	Shrub	Yes	Yes	March - April	Full Sun/Partial Shade
Rosa palustris - Swamp Rose	Shrub	Yes	No	May - July	Full Sun
Rosa virginiana - Pasture Rose	Shrub	Yes	No	May - July	Full Sun
Salix discolor - Pussy Willow	Shrub	Yes	No	March - April	Full Sun/Partial Shade
Vaccinium corymbosum 'Blue Jay'	Shrub	Yes	No	May	Full Sun
Vaccinium corymbosum 'Northland'	Shrub	Yes	No	May	Full Sun
Vaccinium corymbosum 'Rubel'	Shrub	Yes	No	May - June	Full Sun
Acer saccharum - Sugar Maple	Tree	Yes	Yes	April - May	Sun
Betula nigra - River Birch	Tree	No	Yes	March - April	Sun
Cornus canadensis - Bunchberry	Tree	Yes	Yes	May - June	Partial Shade
Cornus florida 'Cloud 9' - Flowering Dogwood	Tree	Yes	Yes	April - May	Full Sun/Partial Shade
Pinus strobus - White Pine	Tree	No	Yes		Sun
Quercus bicolor - Swamp White Oak	Tree	Yes	Yes	May	Full Sun
Sassafras albidum - Sassafras	Tree	Yes	Yes	April - May	Full Sun/Part Shade
Aristolochia - Dutchman's Pipe	Vine	No	Yes	May - June	Full Sun/Part Shade
Lonicera - Honeysuckle	Vine	Yes	No	May - June	Sun
Wisteria frutescens	Vine	Yes	Yes	May	Sun



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